



# Getting started with Teladoc®

Teladoc gives you access 24 hours, 7 days a week to a U.S. board-certified doctor through the convenience of phone, video or mobile app visits. Set up your account today so when you need care now, a Teladoc doctor is just a call or click away.



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## SET UP YOUR ACCOUNT

Set up your account by phone (toll-free) web, mobile app or by texting "**Get Started**" to **469-844-5637**.

### Online:

Go to [Teladoc.com](http://Teladoc.com) and click "**set up account**".

### Mobile app:

Download the app and click "**Activate account**". Visit [teladoc.com/mobile](http://teladoc.com/mobile) app to download the app.

### Call Teladoc:

Teladoc can help you register your account over the phone.



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## PROVIDE MEDICAL HISTORY

Your medical history provides Teladoc doctors with the information they need to make an accurate diagnosis.



3

## REQUEST A CONSULT

Once your account is set up, request a consult anytime you need care. And talk to a doctor by phone, web or mobile app.

# Talk to a doctor anytime for \$55!

 [Teladoc.com](http://Teladoc.com)

 1-800-Teladoc



## So many reasons to use Teladoc®!

Teladoc gives you 24/7/365 access to a doctor through the convenience of phone or video consults. It's an affordable option for quality medical care.



Talk to a doctor anytime, anywhere you happen to be



Receive quality care via phone or online video



Prompt treatment, average call back in 16 min



A network of doctors that can treat children of any age



Secure, personal and portable electronic health record (EHR)



No limit on consults, so take your time

### WHEN CAN I USE TELADOC?

- When you need care now
- If your doctor is unavailable
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills

### GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Skin problems
- Respiratory infection
- Sinus problems
- And more!

### SHARE WITH YOUR PCP

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.

## Talk to a doctor anytime for \$55

 [Teladoc.com](http://Teladoc.com)



 [Facebook.com/Teladoc](https://Facebook.com/Teladoc)

 **1-800-Teladoc**

 [Teladoc.com/mobile](http://Teladoc.com/mobile)

## Before going to the ER give Teladoc® a call

Who wants to sit in a waiting room when they are feeling sick? Teladoc doctors are available 24/7/365 to provide quality care through the convenience of phone or video consults. The next time you're sick, **consider your options:**

ER OR URGENT CARE	TELADOC	GET THE CARE YOU NEED
 <p><b>Drive to the nearest office while sick</b></p> <hr/> <p><b>Wait hours before seeing a doctor</b></p> <hr/> <p><b>Pay high ER and urgent care fees</b></p>	 <p><b>Request a consult from work or home</b></p> <hr/> <p><b>A doctor calls you back in 16 min, on average</b></p> <hr/> <p><b>Get the care you need at a price you can afford</b></p>	<p><b>GET THE CARE YOU NEED</b></p> <p>Teladoc doctors can treat many medical conditions, including:</p> <ul style="list-style-type: none"> <li>• Cold &amp; flu symptoms</li> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Skin problems</li> <li>• Respiratory infection</li> <li>• And more!</li> </ul> <hr/> <p><b>SHARE WITH YOUR PCP</b></p> <p>With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician.</p>

**Talk to a doctor anytime for \$55**

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